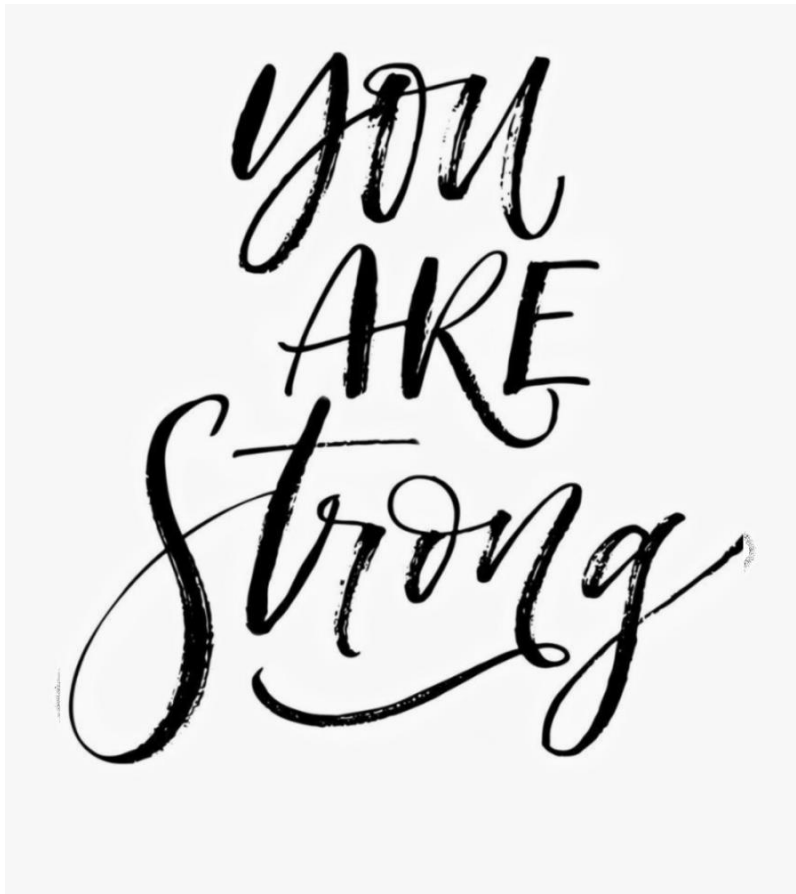


Belmont County
Common Pleas
Adult Drug Court



Participant Handbook

Revised December 2021

Welcome to the Drug Court Program

The Belmont County Common Pleas Drug Court is a program for individuals charged with felony four or five offenses that resulted from a drug problem. The program is a minimum of one (1 and a 1/2) years and a maximum of five (5) years. It is broken down into five phases in which you continue to work towards your goals, live a sober lifestyle, receive counseling, and go to court regularly to demonstrate progress.

Our Mission

The primary goal of the Belmont County Common Pleas Drug Court Program is to provide non-violent chemically dependent offenders with the tools and life skills to live a drug-free life while improving the community and enhancing public safety.

Drug Court Team

The drug court team is made up of the presiding Drug Court Judge, the Drug Court Coordinator, Drug Court Manager, Drug Court Probation Officer, Prosecutor, and Defense Counsel. Currently, the team consists of:

Drug Court Judge: Judge Fregiato

Drug Court Coordinator: Stacey McCutcheon, CDCA

Drug Court Manager: Stacey McCutcheon, CDCA

Drug Court Probation Officer: John Gossett

Prosecutor: Scott Lloyd

DRUG COURT TEAM

Presiding Drug Court Judge

- Leader of the treatment team and drug court.
- Attends treatment team meetings.
- Decision maker regarding admissions into the program, incentives, sanctions, advancements, graduations, or terminations.
- Presides over the status review hearings.
- Proclaims new rules or specific guidelines.

Drug Court Coordinator/Case Manager

- Maintains the daily operations of the program.
- Meets with potential candidates for the program.
- Attends treatment team meetings and status reviews.
- Participates in discussions about incentives, sanctions, phase advancement, and graduations or terminations.
- Maintains the color code system and assigns colors to participants and coordinates random alcohol and drug screenings.
- Sets the docket and maintains data that can be used for statistics particularly outcomes.
- Monitors the compliance with the supervision plan.
- Provides progress reports of all participants.

Drug Court Counselor

- Meets with potential candidates for the program.
- Participates in discussions about incentives, sanctions, phase advancement, and graduations or terminations with Drug Court Coordinator.
- Provides progress reports of participants.
- Provides clinical supervision and guidance to all Drug Court participants.

Drug Court Probation Officer

- Monitors compliance with a probation plan.
- Meets with potential candidates for the program.
- Attends treatment team meetings.
- Participates in discussions about incentives, sanctions, phase advancement, and graduations or terminations.
- Conducts urine screens.
- Attends status review hearings.

Prosecutor

- Referring Agent.
- Obtains prior criminal history.
- Attends treatment team meetings and status review hearings.
- Makes recommendations about incentives and sanctions, phase advancements, and graduations or terminations from the program.
- Prepares and serves contempt, enforcement, and termination motions.

Defense Counsel

- Explains what rights are waived by entering the program.
- Explains possible sanctions that may be faced in the program.
- Explains the circumstances that may lead to termination.
- Explains what effect termination can have on the overall case.
- Is invited to attend all treatment team meetings during the portion of the meeting that concerns you and your progress.
- Your attorney may then participate in all decision-making regarding incentives, sanctions, phase advancement, and graduation or termination from the program. You may also request your attorney to attend the status review hearings.

*** You have the right to request that your attorney attend all treatment team meetings and attend all status hearings with you. It is your responsibility to contact your attorney to make this request and to let the Judge/Magistrate know if your attorney is not responding to you or your request ***

Treatment Team Meetings & Status Review Hearings

Every time you are scheduled for a drug court hearing (status review hearing), the treatment team meets prior to that hearing to discuss your progress. These meetings are called treatment team meetings. You always have the right to have your attorney attend these meetings during the portion of the meeting that concerns you. At treatment team meetings, we discuss your attendance and progress with treatment or any other programs you are enrolled in; your compliance with drug testing and drug test results; your compliance with supervision requirements; and your progress on your FCCS case plan. After that discussion, the team makes recommendations to the judge/magistrate regarding what orders you should receive in drug court that day, including incentives and sanctions based upon your compliance or noncompliance.

When you come to drug court, the judge/magistrate will discuss your compliance with you and the orders that you will receive from the court. You can always have your attorney attend drug court with you if you like. The drug court prosecutor will always be there as will the probation officer, drug court coordinator, and treatment representatives along with your program peers. You should always provide proof of your community support meetings to the drug court case manager and/or coordinator by the Wednesday before your scheduled drug court review so that it can be listed on your report in addition to bringing the documentation to court with you.

You will always have to sign a confidentiality form that assures you will not discuss what you hear about other cases in drug court outside of the courtroom.

***** Please note that if you fail to attend your status review hearing without calling drug court staff and being excused, the judge will issue a warrant for your arrest.**

Eligibility

The Belmont County Common Pleas Drug Court Program is a voluntary program. There are certain legal and clinical criteria you must meet to be eligible for the program. Meeting these criteria alone does not give you the right to enter the program. The drug court judge has the discretion to decide the admission into and termination from the program at all times.

Legal Criteria:

- Those charges with a felony four or five drug offense or drug-related offense.
- Those who have no arson, sexual, or weapons offenses in their criminal history.
- Those who are not serious violent offenders.
- Those who are diagnosed as chemically dependent.
- Those who are a resident of Belmont County.
- Those who are a resident of Harrison or Monroe counties will be considered on a case-by-case basis.
- **Those who voluntarily commit to participation in the program.**
- Those with a drug trafficking history will be considered on a case-by-case basis.
- Those who are recommended by the prosecutor's office as eligible candidates.

Clinical Criteria

- A substance dependency diagnosis is required.
- You can be excluded if a severe mental illness or medical condition makes it unlikely that you can complete the program.
- You can be excluded if you do not have the developmental capacity to complete the program.
- You can be excluded if a person has multiple variables deeming it unlikely that they could actively participate in a reasonable fashion. (This must be presented to the team, and all agree this is appropriate)
- Clients who are actively suicidal, homicidal, or delusional will not be admitted until those conditions have been assessed by a certified mental health professional as being adequately controlled by medication and/or mental health treatment.

Program Entry

Referral and Assessment

Referrals to the Belmont County Common Pleas Drug Court Program are the process by which potential program candidates are first identified.

Referrals to the program may come from the following:

- Defense attorney
- Common Pleas Court Judge
- Participant identified through jail services.
- Police officer identifies client at arrest.
- Client refers self to Crossroads.
- Identified by Crossroads court liaison.
- Prosecuting Attorney

A client referred to the Adult Drug Court program will be scheduled for a comprehensive biopsychosocial drug and alcohol assessment within 10 days of referral or client inquiry. If a client referral is an inmate in the Belmont County Jail, the inmate will be assessed by the Crossroads Jail Services Counselor. If the client is not incarcerated, that person will be instructed by the prosecutor to call Crossroads to set up an appointment.

The final determination of diagnosis, severity level and recommended level of care is determined by the drug court counselor.

The Drug Court Coordinator will meet with the client to determine final client eligibility requirements, such as access to transportation.

The drug court judge has the discretion to decide the admission into and termination from the program at all times.

PROGRAM GOALS

- To help you achieve sobriety and provide you with the skills needed to live a drug and alcohol-free life.
- To reduce criminal behavior within the community.
- To provide an alternative to incarceration.
- To offer you opportunities for positive community involvement.
- To improve education and employment.
- To improve housing (living) conditions.
- To improve self-help resources.
- To have participants graduate from Drug Court.

DRUG COURT RULES

- Abstain from any mind-altering substances.
- Attend weekly group counseling as directed by your primary counselor.
- Submit to random urine screens.
- Call the color code daily and report to screen if your color is called.
- Attend individual counseling sessions and case management appointments between every court appearance.
- Attend 2 community support groups, as an alternative, journaling assignments may be considered as assigned by your counselor.
- Attend all scheduled Drug Court reviews and arrive on time.
- Obey all laws.
- Attend probation appointments.
- Abide by 8:00 p.m. – 6:00 a.m. curfew.
- Provide current contact information including address, insurance, and phone number.
- Notify Probation officer and Drug Court Coordinator of ANY contact with law enforcement.
- Keep all information confidential.
- Return all attempts at contact from a Drug Court team member within 24 hours.
- Use appropriate behavior in the courtroom: **NO CELL PHONES, INAPPROPRIATE CLOTHES, TALKING OR SLEEPING.**
- Contact with others who have felonies is prohibited.
- Be sure to update your coordinator of any changes in medication or a new prescription.
- If and any, all paperwork must be turned into the Drug Court Coordinator Thursdays before your court date. This includes prescription documentation, community meetings/ journals, etc.
- Proof of prescription medication is mandatory. You must provide

detailed documentation from the prescribing Doctor. The documentation is required to have letterhead, Doctor's signature, and faxed to the Bellaire Office. 740-676-8951

FAILURE TO COMPLY WITH RULES OF THE DRUG COURT PROGRAM WILL RESULT IN SANCTIONS BEING IMPOSED UP TO AND INCLUDING A CONTEMPT OF COURT CHARGE AND POSSIBLE TERMINATION FROM THE PROGRAM.

YOU ARE RESPONSIBLE FOR...

- Attending all recommended groups and individual appointments
- Scheduling individual appointments
- Calling the agency daily for random color and appearing as directed to provide a sample if it is your assigned color. Any special arrangements need to be made in advance.
- Providing a signed medical excuse for any missed appointment or group, unless you have prior approval from Drug Court staff to be excused.
- Rescheduling any missed or canceled appointments. All are important.
- Sign all reviewed drug screen results.
- Reporting any contact with law enforcement - for any reason to the Drug Court Coordinator or probation officer as soon as possible after the event.
- It is your responsibility to discuss with your attorney matters regarding attending court reviews.

****** If you are sanctioned to jail, any fees owed to other courts could result in additional jail time.

APPOINTMENTS

You are **REQUIRED** to have at least one individual counseling appointment between each court appearance. It is your job to have one scheduled at all times. You will be sanctioned for missing appointments without a notice or a cause for cancellation.

You are also **REQUIRED** to have at least one case-management appointment scheduled with the Drug Court Coordinator in between court appearances. These are 15-20-minute appointments where we get you prepared for your Drug Court review.

You are **REQUIRED** to meet with your probation officer monthly or as often as he/she determines. At any time, you may be called into an appointment with probation. Probation will also visit your home. Probation will drug test you. You are required to report any change of address, phone number, job, or contact with law enforcement to your probation officer.

COURT

You will see the Judge in Court for a Drug Court review twice a month. Drug court is held on alternating Mondays at 12:00 p.m. **DO NOT BE LATE.** Dress appropriately. Attendance is mandatory.

Random Urine Screening Process

You will be drug tested throughout the duration of Drug Court by a random screening process. All positive test results are subject to sanctions or further intensive treatment. Missing a test, refusing a test, not being able to provide a sample, or testing "dilute" will be considered a **POSITIVE** screen and will be sanctioned. Tampering with or using someone else's urine will be sanctioned and can also be considered a **FELONY TAMPERING WITH EVIDENCE CHARGE**.

COLOR CODE

YOUR COLOR IS _____

740-695-2955

You will be assigned a color. You are **REQUIRED** to call every day between **6:00 a.m. and 8:00 a.m.** to hear the color of the day. If your color is called, you are **REQUIRED** to report to the Crossroads office you are assigned and provide a sample between **8:00 a.m. and 10:00 a.m.** If you do not report during the allotted time, you will not be allowed to screen and this will be considered a positive result and will result in punitive action.

If you have a work conflict, you need to let the Drug Court Case Manager or your counselor know ahead of time and make arrangements. Your schedule will need to be turned in weekly. All drug screens will be observed by a same-sex staff person, with no exceptions.

EMPLOYMENT

Drug Court requires you to be employed full time (30 or more hours) or attending school full time. If you are not employed, you must be actively seeking work or enrolled in school. You may be required to do community service if you remain unemployed. The Drug Court team will help you get a job or enroll in school if need be.

Employment or school enrollment is required after the first 30 days of Drug Court.

EMPLOYMENT IS NOT TO INTERFERE WITH INDIVIDUAL SESSIONS, GROUPS, URINE SCREENS, OR COMMUNITY SERVICE.

Certain jobs are not permitted in drug court, for example:

Bartender, server, or working at establishments that primarily serve alcohol. If you are unsure, please consult the Drug Court Coordinator for clarification and guidance.

COMMUNITY SERVICE

You will be **REQUIRED** to complete 40 hours of community service to advance phases and graduate Drug Court.

DRUG COURT PHASES

PHASE 1

- Approximately 120 days (4 months)
- At least 2 individual counseling sessions and 2 case management sessions each month
- At least 1 group counseling session per week
- 2 court reviews.
- Your Probation Officer will determine your community service. The Probation Officer has the discretion of how many hours you must complete in phase I. This can be up to 40 hours. To complete the program successfully you will need to complete 40 hours of community service throughout the entirety of the program.
- A minimum of 2 community support meetings weekly or submit two journals exercises weekly.
- To move to phase 2, you will need to provide 120 days of consecutive negative urine screens.

PHASE 2

- Approximately 90 days (3 months)
- At least 2 counseling sessions twice a month
- At least 1 case management sessions before every court
- A minimum of 2 community support meetings weekly or submit two journals exercises weekly.
- Weekly group counseling sessions
- Payments of fees being made
- To move to phase 3, you will need to provide 90 days of consecutive negative urine screens.

IN ORDER TO ADVANCE TO PHASE 3, 90 DAYS OF NEGATIVE URINE SCREENS ARE REQUIRED

PHASE 3

- Approximately 90 days (3 months)
- Weekly groups
- Individual counseling sessions and case management between every court appearance
- Drug Court reviews
- A minimum of 2 community support meetings weekly or submit two journals exercises weekly.
- At least 20 hours of community service completed.
- To move to phase 4, you will need to provide 90 days of consecutive negative urine screens.

IN ORDER TO ADVANCE TO PHASE 4, 90 DAYS OF NEGATIVE URINE SCREENS ARE REQUIRED

PHASE 4

- Approximately 60 days (2 months)
- Weekly groups
- Individual counseling sessions and case management between every court appearance
- Drug Court reviews
- A minimum of 2 community support meetings weekly or submit two journals exercises weekly.
- **ALL** 40 hours of community service must be completed to advance to phase 5.
- To move to phase 5, you will need to provide 60 days of consecutive negative urine screens

- Fees paid

PHASE 5 (Aftercare)

- Monthly Drug Court Coordinator case management and treatment.
- Weekly phone check-ins with Drug Court Coordinator
- Drug Court Reviews
- Continued monthly appointments with Probation Officer.
- No Violations.
- Fees and fines paid in full to graduate.
- **6 months of negative urine screens required to graduate.**

Phase Breakdown

- Phase 1- 1-120 days (4 months)
- Phase 2- 1st 120 days + 90 days (3 months) for a total of 210 days
- Phase 3- 210 days +90 days (3 months) for a total of 300 days
- Phase 4 300 days + 60 days (2 months) +20 hours of community service completed
- Phase 5- No violations and 6 months of negative urine screens.

Graduation Requirement

- Minimum of 1 year in Drug Court and 6 months of aftercare for a total of 1 year and 6months.
- If you have been sanctioned, depending on the sanction, you will have time added on to the minimum time.
- You must have a minimum of 6 months of negative urine screens to graduate.
- You can only be in Drug Court for 5 years

- You need a total of 40 hours of community service completed.
- You need a minimum of 2 sober support meetings (AA/NA), journaling, or online meetings a week for the entire time in Drug Court.
- You must attend 1 group a week for the duration in Drug Court, excluding aftercare.

AFTER SUCCESSFULLY COMPLETING THE 6 MONTH AFTERCARE (Phase 5)
YOUR RECORD WILL BE DISMISSED AND SEALED.

INCENTIVES

If you do well in the program and maintain compliance, you will receive rewards including certificates, praise from the Judge, advancement in phases, reduced supervision, less frequent court appearances, and ultimately having your case dismissed and sealed.

SANCTIONS

Failure to comply with the court will result in consequences. Sanctions are imposed for positive urine screens, missing appointments, and groups, new charges, or misconduct. The extent of the sanction will be fair, consistent, and administered in accord with evidence-based principles of effective behavioral modification. They can include verbal warnings from the Judge, community service, jail, in-patient residential rehabilitation, EOCC, and finally termination from the Drug Court program. I understand that I will be given access to counsel and a fair hearing if jail or a sanction might be imposed because a significant liberty interest is at stake.

TERMINATION

You can be terminated from the program when the Drug Court team feels that all treatment efforts and sanctions have been exhausted and there is still non-compliance with the court in the form of continued drug use, failure to appear for court, failure to participate in treatment, or new charges. There is a

process of termination including a motion filed by the Prosecutor at the Judge's request and a hearing if you contest the motion. If you are terminated from drug court, your record **WILL NOT BE DISMISSED AND SEALED AND YOU MAY NOT BE ABLE TO BE IN DRUG COURT AGAIN IN THE FUTURE.**

NEUTRAL TERMINATION

I understand that if I become unable to participate in Drug Court through no fault of my own, the Belmont County Drug Court may determine that it is necessary to terminate me from the program. This type of termination would be called a "Neutral Termination". A neutral termination may not result in a dismissal of the original criminal charge and may subject me to sentencing. Notice of my neutral termination will be filed with the Clerk and placed in my court file.

COURT COSTS AND PROBATION FEES

All Drug Court participants will have court costs to pay to the Belmont County Clerk of Courts. This is paid to their office on the 3rd floor of the courthouse. Costs vary case to case. The Judge will address and consider the participant's ability to pay fees and other financial obligations and shall make reasonable accommodations based upon each participant's financial ability. If a participant is found to be indigent, the Court will consider waiving any balance of drug court fees, fines and court costs. All costs, fines, and fees will **NEED TO BE PAID IN FULL TO HAVE YOUR RECORD DISMISSED AND SEALED.**

PHONE NUMBERS

Crossroads Counseling Services, Inc.

Bellaire: 740.676.5741 FAX: 740.676.8951

St. Clairsville: 740.695.9447 FAX: 740.695.8895

New Outlook: 740.782.1407

Awakenings: 740.484.4141

Emergency: 1.888.202.3900

Color Code Number 740.695.2955

Belmont County Probation Office 740.695.3917

Salvation Army - Bellaire 740.676.6225

Southeast Inc. - St. C 740.695.9344

Martins Ferry 740.633.2161

Crisis line 740.695.0032

Alcoholics Anonymous 1.800.333.5051

Narcotics Anonymous 1.888.251.2426

National Suicide Prevention -at 1-800-273-TALK (8255). Crisis workers are available 24 hours a day. Calls are free and confidential.

Need to Talk to Someone?

Warmlines were created to give people support when they just need to talk to someone. Speaking to someone on these calls are typically free, confidential, and run by people who understand what it's like to struggle with mental health problems. You can search more warm lines by typing in the search bar at Google: "Warm Lines" or go to <https://screening.mhanational.org/content/need-talk-someone-warmlines>.



BELMONT COUNTY COMMON PLEAS DRUG COURT PROGRAM

CONTRACT OF RULES

As a condition of the Drug Court Program, all participants must agree to the following conditions and expectations:

1. Submit to a chemical use assessment to determine the appropriate treatment.
2. Comply with all assessment recommendations.
3. Attend and participate in all recommendations as agreed upon with the counselor.
4. Attend at least 2 community meetings/journal entries.
5. Attend additional groups on a weekly basis as directed by staff. Failure to attend meetings on a regular basis can result in sanctions.
6. Remain abstinent from all mind-altering substances and submit to random urine screens.
7. Report for counseling and case management sessions as instructed. Failure to do so can result in sanctions.
8. Call the color code daily.
9. Get a job and maintain employment.
10. Report to court when scheduled to attend on time.
11. Complete 40 hours of community service.
12. Obey all laws.
13. Report any contact with law enforcement such as arrests, citations, or violations the next day to the Drug Court Coordinator or Probation Officer.
14. Keep the Drug Court team informed of current address and job and get permission to change either of them.
15. Follow all rules, verbal or written, given by the Drug Court team.
16. Do not possess, use, buy, or have contact with anyone using or possessing drugs or drug abuse instruments.
17. Agree to sign a release of information from any agency if requested to do so.
18. Agree to follow all rules and regulations of any treatment facilities or programs of any type in which I am placed or ordered to attend while in Drug Court.
19. Agree not to possess or drink any alcohol or enter any place that serves alcohol.
20. Agree to any rules and requirements of Probation.
21. Agree to remain a resident of the state of Ohio for the entire duration of drug court.
22. I am aware that Drug Court may last anywhere from 1 and a half YEARS TO 5 YEARS.
23. Upon completion of phase 5 (Aftercare), charges are dismissed and sealed. Probation violators may or may not have charges dismissed and sealed.

Both the compliance and non-compliance with the above will be reported to the court of record and/or its agents. Non-compliance with these conditions could result in the removal from the program and reinstatement of the original sentence.

Program length depends on the progression through each phase; time frames are set on a minimum basis. Clients who require more time for each phase will need to comply before graduating to the next phase. Phases must be completed in a maximum of 5 years.

To successfully complete the program, you must complete your treatment plan as well as have no positive urine screens during the final 6 months of the program. All treatment fees, court costs, and fines must have been waived or paid in full. After successfully completing the requirements of the program and an exit questionnaire and attending your last court review and final treatment plan, you will graduate.

I, _____, have read these rules and agree to abide by the regulations of the Drug Court Program.

(Client Signature) (Date)

(Crossroads Counseling Representative) (Date)

Urine Screen Policy and Procedures

It is the policy of Crossroads Counseling Services to use frequent, random urine analysis to assure compliance with treatment goals and objectives. Frequent Drug and alcohol testing is performed frequently enough to ensure substance use is detected quickly and reliably.

The schedule of drug and alcohol testing is random and unpredictable. The probability of being tested on weekends and holidays is the same as on other days. Participants are required to deliver a test specimen between the hours of 8:00 AM - 10:00 AM.

The Court will follow, and the participant will abide by the Court's written policies and procedures for sample collection, sample analysis, and result reporting. Collection of test specimens is witnessed directly by a staff person who has been trained to prevent tampering and substitution of fraudulent specimens.

Excluding urgent circumstances, participants are not permitted to undergo independent drug or alcohol testing instead of being tested by trained personnel assigned to or authorized by the Drug Court.

ONLY urine samples will be accepted. Other bodily samples will not be accepted such as hair follicles, blood or saliva.

Collection Procedure

1. Come to the office you are assigned by your counselor on time and ready to provide a sample.
2. A trained staff member will walk you through the procedure.
3. A new rapid cup will be opened in front of you.
4. Please ask any questions you may have and provide the screener with updated medications or changes.
5. Before collection procedure all unnecessary outwear will be asked to be removed- for example heavy coats, sweatshirts, jackets, etc.
6. Please leave all other personal items in the office such as a purse, satchel, bag, etc.
9. You may be asked to empty your pockets and display items.
10. All screens will be observed.
11. It is recommended that you provide a specimen of at least 60 ml or above.

12. Your results will be read to you by a Crossroads Staff member who is conducting the screening procedure.

13. You will be asked to initial, sign or print your name, and date on the security label sealed to the cup.

14. You will then be asked to sign the patient information form to be sent out to the lab for confirmation.

15. You can ensure that the specimen identification number on the patient information form matches the identification number on the rapid cup and on the package label.

The court will immediately be informed of the following:

- Lab confirmed positive tests
- Fails to submit to testing
- Submission of an adulterated sample
- Submission of the sample test of another individual
- Diluted sample
- Any other test that is not in compliance with the testing protocol.

URINE COLLECTION PROCEDURE/COLOR CODE

You are assigned a color. Your color is _____.

You are to call the code-a-phone line every day at **740.695.2955** between 6:00 a.m. – 8:00 a.m. to hear the color of the day. You have until 10:00 a.m. to report for the screen.

You will be assigned to a Crossroads office. Offices open at 8:00 a.m. You should arrive no later than 9:45 a.m.

Colors will not be given out after 10:00 a.m. Missed urine screens are subject to sanctions.

A same-sex staff member will observe your screen. Any attempt to provide a false sample, cheat, or otherwise manipulate the urine screen can be considered an **F3 TAMPERING WITH EVIDENCE** charge and you will be sanctioned and charged.

If you have a work conflict, it is possible to work out a solution with staff if you provide your work schedule ahead of time and make arrangements accordingly. If you want to screen before group or after an appointment that day, you will need to call before 9:00 a.m. each time to get permission to do so.

I have been made aware of the urine screen/color code policy and understand the procedure:

CLIENT

DATE

WITNESS SIGNATURE

DATE

ALCOHOL POLICY

Consuming alcohol is prohibited in Drug Court. Positive screens for alcohol will result in sanctions. It is important that you understand you are not to use any products containing alcohol including over-the-counter medicines such as cough syrups and mouthwashes.

It is your responsibility to read the label and make sure a product does not contain alcohol. A comprehensive list of products containing alcohol and alternatives you are permitted to use will be provided. If you have any questions, ask Drug Court staff before you use the product.

You are not allowed in any establishment that serves alcohol per drug court rules and can be sanctioned for doing so.

I have been made aware of the alcohol policy and understand what is required.

CLIENT

DATE

STAFF

DATE

ABNORMALLY LOW CREATININE LEVELS/ DILUTE POLICY

Scientific research indicates that abnormally low creatinine levels below 20 are suggestive of purposeful attempts to alter or dilute the results of the screen.

Creatinine levels that fall below 20 are dilute and will be sanctioned the same as a positive screen.

To avoid a dilute, do not drink anything before you come to screen. If possible, do not urinate until after you screen.

I have read the policy and understand that I am subject to sanctions if I am in violation of this policy.

CLIENT DATE

WITNESS SIGNATURE DATE

**POLICY ON ALL APPOINTMENTS
CASE MANAGEMENT, GROUP, AND INDIVIDUAL COUNSELING**

In between your mandatory court appearances with the Drug Court Judge, you will be required to have a case-management appointment to review your compliance or non-compliance with Drug Court. It is your responsibility to make these appointments and attend.

You are also required to have at least one individual counseling session scheduled between each court appearance. You are also responsible for making and keeping this appointment. You will be given an appointment slip with the date and time of each appointment.

If you are in jail, the hospital, or you have no-showed, cancelled, or missed an appointment for any reason, it is your responsibility to make it up or reschedule one before you next court appearance. You can be sanctioned for missing appointments.

You will be required to attend at least one group counseling session a week as per your treatment plan. The only acceptable excuse for absence will be a documented medical emergency. You will need to call and report this to the secretaries as soon as possible.

Not showing up for appointments without calling can be sanctioned.

I have read and understand the policy on appointments. I understand I am subject to sanctions from the Judge if I am found in violation.

CLIENT DATE

WITNESS SIGNATURE DATE

PRESCRIPTION MEDICATION POLICY

All medications prescribed to you will be monitored by the Drug Court staff. If you are taking a medication that is addictive, you will be required to sign a release of information for the prescribing physician. A contract will be made with that physician to assure coordination of your medical care and recovery.

If a doctor prescribes you a new medication, it is your responsibility to tell them you are in Drug Court and randomly drug screened. If it is medically necessary for you to be prescribed any narcotic or medication that will test positive, you **MUST** have a letter from your doctor **BEFORE** taking anything that will cause a positive screen. You **MUST** have the doctor sign the **HEALTH CARE CONTRACT**. If you test positive and do not have a letter, health care contract, and have failed to notify your counselor, you **WILL BE SANCTIONED**.

In case of a visit to the ER, all ER orders and paperwork must be given to the Drug Court Coordinator in no more than 7 days upon release from the hospital. Any prescriptions will have to be cleared by a primary care physician to continue taking it without sanctions. **LEAST RESTRICTIVE MEDICATIONS ARE ENCOURAGED** and you may be subject to a special contract regarding your medications.

I have read and understand this policy.

CLIENT DATE

WITNESS SIGNATURE DATE

HEALTH CARE CONTRACT

I, _____, am a participant in the Belmont County Common Pleas Drug Court Program. This is a court-monitored recovery program for those with substance use issues. As a result, I am subject to frequent random drug testing and have to report any medical visits. I am in recovery and respectfully request that you take this into consideration and offer non-narcotic medications when necessary for my treatment.

Physician (Name) _____

Physician (Signature) _____

Date of Service _____

If you have any questions or concerns, please sign the release of information or call the counselor for this client at 740.676.5741.

Please list any prescribed medications today:

ADULT DRUG COURT MEDICATION GUIDE

- **Prescription Medication-** If you are prescribed any medication you will need to turn the prescriptions into the Drug Court Coordinator, Primary Counselor, or the Urine screener the day of your screening. This is your responsibility to let us know about a new or existing prescription or if your prescription has changed. Please refer to the medication/prescription form in your Adult Drug Court handbook. If you are taking a medication that is addictive, you will be required to sign a release of information for the prescribing physician. A contract will be made with that physician to assure coordination of your medical care and recovery.
- **OTC medicines** - Avoid OTC medicines that contain alcohol. **Read the label.** These medicines are typically liquid cough medicines or liquid cold medications, such as Nyquil. There are several cough syrups available that are alcohol-free.
- **Most OTC medicines for minor problems are safe.** These include topical analgesic, anti-itch, and antibiotic creams, hemorrhoid preparations, antacids, medicines for diarrhea and nausea, and throat lozenges.
- **Use caution with laxatives and nasal sprays.** Overuse of either of these products can result in a sanction. These should be for occasional use only.
- **Mouthwashes mostly contain alcohol** -Look for alcohol-free alternatives. There are alcohol-free mouthwashes available.
- **Cold/allergy meds** When absolutely necessary, choose non-drowsy type medicines. Take the medicine as directed for the minimum time needed.
- **Sleep meds** Medications for sleep should only be prescribed by a psychiatrist/physician Do not use OTC sleep medicines, including Benadryl, without approval.
- **Pain meds** Pain medicines are tricky for people in recovery. Most OTC pain relievers are fine— ibuprofen (Advil, Motrin), naproxyn (Aleve), Tylenol. These medicines are very effective for many aches and pains.

- **Surgery**-There are times when you may need stronger pain medicine, such as narcotics, after surgery or for a severe injury. If the narcotics are necessary there is a Health Contract that you and your provider must fill out and return to the Drug Court Coordinator. These pain medications should be taken only as directed; this is not considered a relapse. It is normal for this to cause anxiety in recovering people, so it is recommended that the recovering person prepare themselves before surgery when possible with extra recovery support and pre-planning regarding pain relief. In any case, the recovering person should not handle the pain medication themselves. Someone close to the person should keep the med and give it only as directed during the recuperation time. Any leftover pain meds should be discarded as soon as possible. You are not expected to suffer with severe pain, but you must be very cautious with the use of pain medications.

- **Prescribed meds** Recovering people need to make sure all of their physicians are aware of their addiction. They should ensure their charts at their physicians' offices are marked accordingly so no one can make a mistake in prescribing medications. When in doubt about a medication, consult your Doctor or Drug Court Coordinator. If it is medically necessary for you to be prescribed any narcotic or medication that will test positive, you must have a letter from your doctor before taking anything that will cause a positive screen. You must have the doctor sign the Health Care Contract (see Adult Drug Court handbook). If you test positive and do not have a letter, health care contract, and have failed to notify your Coordinator/counselor, you **WILL BE SANCTIONED**.

- **Antidepressants** In general, most antidepressants and mood stabilizers are fine and it is encouraged that recovering people take them if they are recommended by their physician. They can actually aid in your recovery by keeping moods stable.

- **Vitamins and herbal supplements** Vitamins are safe for use and are encouraged as part of a healthy lifestyle. Many herbal supplements are safe, but caution should be used. Weight loss products and appetite suppressants should be avoided.

- **Avoid energy drinks**, such as Red Bull. These are full of caffeine and cause a stimulant-type effect. Some of the drinks contain small amounts of alcohol.

- **Important points:** Never take a medication given to you by someone else without knowing what it is. For example, a friend trying to be helpful can inadvertently cause a setback for a person in recovery by giving them a narcotic for a headache.

- **National Suicide Prevention** -at 1-800-273-TALK (8255). Crisis workers are available 24 hours a day. Calls are free and confidential.

MEDICATION ASSISTED TREATMENT

Clients who are participating in a legally approved and prescribed MAT program may continue taking their prescribed medications while participating in Adult Drug Court. Clients participating in MAT programs will be required to bring prescribed medications with them to all urine screens and may be called for random medication pill counts to assure compliance with prescription. Please note the following guidelines:

- Prescriptions must be in blister packs only (your pharmacy will put medication in blister packs upon request)
- **No Buprenorphine strips are permitted, medication must be in pill form.**
- All prescriptions must be on file with Crossroads at all times, if your prescription changes you must let your counselor or case manager know within 24 hours.
- All MAT participants are required to sign and maintain a release for their prescriber for Crossroads. If we do not have a release signed, you will be sanctioned.
- Medication must be taken **EXACTLY** as written on the prescription, including dosage amounts as well as dosage times. **Micro-dosing is PROHIBITED.**
 - For example: If your prescription states taking 1 tablet twice daily, “biting” your pill throughout the day is **PROHIBITED**. Tablet must be taken once in the morning and once in the evening.
- Clients who are found to be over-using or under-using their medication will be sanctioned. This will be determined by pill counts and urine screening.

COMMON COLD

Medications that you **CAN** take for the Common Cold

- | | |
|------------------------|------------------------------|
| • Triaminical Syrup | Tussar DM |
| • Omnituss | Actified Syrup Sudafed Syrup |
| • Ipsatol Syrup | Luprinprin (acelaininophren) |
| • Naldecon Syrup | Nydraxid Syrup |
| • Quadrinal Suspension | Norlec Syrup |

Common Brands at the store you **CAN** take for a Cold

- | | |
|-----------------------------------|-----------------------------|
| • Alkaseltzer (Capsule or tablet) | Tussin DM (Syrup) |
| • Alcohol Free Nyquil (Syrup) | Dayquil (capsules or syrup) |
| • Vicks chest rub | Musinex (capsules) |

HEADACHES

Medications that you **CAN** take for the Headaches

Some of these are by prescription only.

Advil
Aleve
Anaprox
Bexrta
Celebrex
Day Pro 500
Ibuprofen

Imitrex
Lodine
Maxalt
Mobix
Motrin
Naprosyn
Oruvail

Relafen
Tylenol (regular or extra strength)
Vioxx
Zomig
Zomig

Common Brands at the store you **CAN** take for a Headache

Advil
Aleve
Aspirin
Ibuprofen

Midol
Motrin
Tylenol (regular or extra strength)

ANTI-ACIDS

All Anti-Acids are approved by Adult Drug Court.

- Roloids, Tums, Mylanta, ETC.)

SLEEP AIDS

Over the Counter

- Melatonin is the only OTC approval

Sleep approved medication by a **physician only**

Abilify
Alavil
Buspar
Doxepin
Geodon

Paxil
Risperdal
Rozerem
Seroquel
Trazadone

PROHIBITED MEDICATIONS

Medicine you **CANNOT** TAKE

- CBD products and/or Kratom/ Mitragyna are **NOT** approved
- Medical Marijuana is **NOT** an approved medication.

Cough Medicines

Nyquil
Pertussin Plus
Robitussin
Romilar
Terpin Hydrate Elixir
Vicks 44

Antihistamines

Contact
Coricidin
Dristin
(most cold tablets)

Sleep Preparations

Alvatanquil
Compoze
Dormin
Mr. Sleep
Nytol
Quiet World
Sleep Eze
Sominex
Sure Sleep
Tylenol P.M
Z-quil

Others

Gevraban	Paregoric	Geratol liquid	Benadryl
Brondecon Liquid	Kaopectic	Parepectolin	Imodium

The list is not to be intended to be all inclusive and may not account for newly released medications or over the counter drugs. **AVOID ELIXIRS** they all contain some alcohol.

Please call if you have any questions about this list or any other drugs. 24/7 hotline 740-283-7024

Medications that you **CANNOT** take containing alcohol

These medications are commonly stocked at pharmacies or hospitals.

Actol Expectorant Syrup	Belladonna (tr.)	Cascara Sagroda-Aromatic
Altertonc	Benadryl Elixir	Cerose Dm Expectorant
Alurate Elixir	Bentyl-Pb Syrup	Cheracol & Cheracol D
Ambenyl Expectorant	Benylin Expectorant	Chlor Trimeton-Syrup
Anahist	Brondecon Elixer	Choledyl Elixir
Anaspaz-Pb Liquid	Bronkelixer	Cirta Forte Syrup
Cerose	Butibel Elixer	Coldene Cough Syrup
Aromatic Elixir	Calcitrine Syrup	Cologel Liquid
Asbron Elixir	Carbrital Elixer	Conar Expectorant
Atarax syrup	Cas Evax	
Bactrim suspension		

Copavin ompd Elixir
 Coryban D
 Cosanyl DM
 Cosanyl Syrup
 Darvon N Suspension
 Decadron Elixir
 Demaxin Syrup
 Dexedrine Syrup
 Dilaudid Cough Syrup
 Dimacol Liquid
 Dimetane Elixir
 Dimetane Expectorant
 Dimetane Expectorant DC
 Dimetapp Elixir
 Donnagel pg
 Donnagel Suspension
 Donnatal Elixir
 Doxinate Liquid
 Dramamine Liquid
 Elixophylline- KL
 Ephedrine Sulfate Syrup
 Feosol Elixir
 Fer-in-sol Drops
 Fer-in-sol Elixir
 Geriplex-FS
 Gevraon Liquid
 Hycotuss Expectorant
 Hycotuss Syrup
 Hydryllin Comp
 Iberet Liquid
 Isuprel Comp. Elixir
 Kay-Ciel Elixir
 Lanoxin Elixir

Lomotil (liquid)
 Luffyllin-GG Elixir
 Mediatric Liquid
 Mellaril Concentrate
 Mesopin Elixir
 Merax Syrup
 Minocin Syrup
 Modaine Liquid
 Mollrol Liquid
 Nembutal Elixir
 Nicol Elixir
 Nico-Metrazol Elixir
 Note U.S.P
 Novahistine DH
 Novahistine DMX
 Novahistine Expectorant
 NyQuil Cough Syrup
 Organidin Elixir
 Ornaol Elixir
 P.B.Z. Ephedrine
 P.B.Z. Expectorant
 Codeine
 Parapectolin
 Parelixir
 Pergoric (Tincture)
 Pertussin 8hr syrup
 Petractin Syrup
 Phenergan Expectorant
 Pediatric
 Phenergan Plain
 Phenergan Syrup Fortis
 Phenergan V. C. Plain

Phenergan w/ codeine
 Phenergan V. C. Codeine
 Phenobrabital Elixir
 Polaramine Exptorant
 Potassium Chloride SOL
 Propadrine Elixir HC1
 Quibron Elixir
 Robitussin A.C Syrup
 Robitussin DM & CF
 Robitussin PE
 Robitussin Syrup
 Rondec DM Syrup & Drops
 Ronicol Elixir
 Serpasil Elixir
 Tedral Elixir
 Terpin Hydrate Codiene
 Terpin Hydrate Elixir
 Theo Organidin Elixir
 Throlixir Elixir
 Triaminic Expectorant
 Triaminic Expectorant DH
 Tussar-2 Liquid
 Tussend Liquid
 Tussi-organidin Expect
 Tussar S.F. Syrup
 Tuss-Ornade Liquid
 Tylenol Drops
 Tylenol Elixir
 Tylenol w/ codeine Elixir
 Ulo- Syrup
 Valadol Liquid
 Vicks Formula 44
 Vita Metrazol

- Mouthwashes (Scope, Listerine, Cepacol, Colgate 100, Micrin) All have 15-25% alcohol in them.
- Most aftershave also contains alcohol.
- ALL Elixirs contain some alcohol

If you have any further questions about medication or other medical procedures/issues please contact your Drug Court Coordinator.

MEDICATION-ASSISTED TREATMENT CONTRACT

I, _____, am a participant in the Belmont County Common Pleas Drug Court Program. This is a court-monitored recovery program for those with substance use issues. As a result, I am subject to frequent random drug testing, pill counts and have to report any medical visits. In addition, I am required to have a signed release of information with my prescriber at all times and my treatment provider will be communicating with my prescriber about my progress and compliance, including results of pill counts and urine testing performed by my MAT prescriber. Any deviation from my prescription will result in a sanction in Adult Drug Court.

Physician (Name) _____

Physician (Signature) _____

Date of Service _____

If you have any questions or concerns, please call the counselor for this client at 740.676.5741.

Please list any medications and amounts prescribed or monitored today and results of monitoring:

